

Fall Arrest Rescue Plan Form

All workers using Personal Fall Arrest Systems (“PFAS”) must be monitored and promptly rescued in the event of a fall. This form should be used to develop a rescue plan for specific operations and should be based on the job being performed to ensure the safest method of rescue is employed. The rescue plan must describe how employees will be promptly rescued in the event of a fall or must assure the self-rescue capability of employees. Rescue Plans should be thoroughly thought out for each area where PFAS are utilized. A “one plan fits all” approach will not result in a successful Rescue Plan.

Date:	Plan Preparer (First and Last Name):
Job Description of Personal Fall Arrest System and Location:	
Competent Person using Personal Fall Arrest System:	
Competent Rescuer(s):	
Emergency/Site Contact:	
Available Rescue Equipment (ladder, scissor lift, aerial lift, self retracting line, rescue pole etc.):	
Location of Equipment:	
Critical Rescue Factors	
Anchor Point	Landing Area
Rescue Obstructions or Hazards	Other
Method of Contact Between Suspended Person and Rescuer(s): <input type="checkbox"/> Verbal/Face-to-Face <input type="checkbox"/> Other _____	
Check for Yes	
<input type="checkbox"/> Have alternatives to PFAS been considered? <input type="checkbox"/> Has rescue equipment been inspected and in good shape? <input type="checkbox"/> Is the rescue equipment adequate for the rescue plan? <input type="checkbox"/> Have communication devices been identified, located and tested? <input type="checkbox"/> Are all rescuers trained in the use of the rescue equipment?	
Response Procedure:	
1. 2. 3. 4. 5. 6. 7. 8.	